Appendix B – Overall Expectations with Conceptual Understandings

Overall Expectation	Conceptual Understandings
1. communicate with others in a variety	Communication has the power to influence and encourage change.
of ways, for a variety of purposes, and in	We learn about the world, others, and ourselves through listening.
a variety of contexts	• The ways in which people communicate are diverse and are influenced by their background experiences.
-	• Knowledge is socially constructed – created by people learning, working, and investigating together – and can be shared.
	• Communication includes non-verbal behaviours and gesturing. We can experiment with words to achieve
	intended effects.
	Oral language is the basis for literacy, thinking, and relating in all languages.
2. demonstrate independence, self-	We are responsible for our own choices and decisions.
regulation, and a willingness to take	Everyone wants to be calm, focused, and alert.
responsibility in learning and other	We each need different strategies, environments, and support to be calm, focused, and alert.
endeavours	We need to learn about strategies and environmental factors that can help us self-regulate.
	We can learn how to adapt our behaviour to suit a variety of social circumstances, including the customs
	of different groups of people.
3. identify and use social skills in play and	People develop skills to help negotiate social relationships in a variety of contexts.
other contexts	My words and actions can affect others.
	People can have differing points of view.
	I am responsible for my choices and actions.
	I can use language to negotiate and express thoughts.
	• Knowledge is socially constructed – created by people learning, working, and investigating together – and
	can be shared.
4. demonstrate an ability to use problem-	We use our problem-solving skills in social situations.
solving skills in a variety of contexts,	There are many ways to solve a problem.
including social contexts	I can think about and adapt my actions to suit the context.
	• I can leave and then return to paying attention.
	We make choices and decisions when solving problems.
	Problems can provide an interesting challenge.
	Problems can have many solutions.
	There are many kinds of relationships.
	• Knowledge is socially constructed – created by people learning, working, and investigating together – and can be shared.
5. demonstrate an understanding of the	It is essential for us all to honour and understand diverse cultural, linguistic, and personal preferences.
diversity among individuals and families	• I am a member of a community. Some people in the community are the same as me and some are
and within schools and the wider	different from me.
community	I can have many roles in the community.

Overall Expectation	Conceptual Understandings
	We are learning that all persons have value and that we can benefit from accepting and welcoming
	individual differences.
6. demonstrate an awareness of their	• We develop an understanding of the factors that contribute to healthy development, a sense of personal
own	responsibility for lifelong health, and an understanding of how living healthy, active lives is connected with
health and well-being	the world around us and the health of others.
	• I have the right to be healthy and to feel safe.
	• There are things that I need to know and do to keep myself safe and healthy. I am empowered to make
	choices that will keep me healthy.
	Healthy food choices affect my body and my feelings.
	• I am learning to recognize when I am tired or need a break.
	• I am learning to make healthy choices and to be physically active, in order to keep my body healthy and
	safe, and to grow strong.
	• We learn adaptive, management, and coping skills, and practise communication and critical thinking skills,
	in order to learn how to build relationships.
7. participate actively and regularly in a	• We learn skills and knowledge that will help us to enjoy being active and healthy throughout our lives.
variety of activities that require the	• I can play cooperatively with others in a wide variety of physical activities.
application of movement concepts	• There are things that I need to know and do to keep myself safe and healthy. I am empowered to make
	choices that will keep me healthy.
	• I can participate regularly and safely in a wide variety of physical activities and learn how to develop and
	improve my own personal fitness.
8. develop movement skills and concepts	• We learn skills and knowledge that will help us to enjoy being active and healthy throughout our lives.
as they use their growing bodies to move	• There are things that I need to know and do to keep myself safe and healthy. I am empowered to make
in a variety of ways and in a variety of	choices that will keep me healthy.
contexts	• I am learning how to move in a variety of ways in a variety of physical activities.
9. demonstrate literacy behaviours that	Reading is an active process of interacting with and constructing meaning from text.
enable beginning readers to make sense	Reading strategies help us to understand the meaning of different texts.
of a variety of texts	Readers use a variety of strategies to think about and understand what they read.
10. demonstrate literacy behaviours that	Written communication enables us to make thoughts, ideas, and feelings visible to others.
enable beginning writers to communicate	We write for a variety of reasons and purposes.
with others	It is important for others to understand what we are trying to say through writing.
	Writers think first about the purpose and the audience for their writing and then about what form of
	writing would best convey their desired meaning.
	Writers use different tools and resources to help them write.
11. demonstrate an understanding and	Being literate enables people to think about and make sense of the world.
critical	We read for a variety of reasons and purposes.
awareness of a variety of written	Reading makes us think and feel in different ways.
materials that are read by and with their	There are different types of texts.

Overall Expectation	Conceptual Understandings
educators	
12. demonstrate an understanding and	Media texts are constructed to persuade and influence the reader or viewer.
critical awareness of media texts	Media texts are everywhere.
	Media texts can influence our thoughts, ideas, feelings, beliefs, and wishes.
	We need to think about how media texts can affect us.
13. use the processes and skills of an	People have the capacity to feel a sense of wonder about the world.
inquiry stance (i.e., questioning, planning,	Curiosity is part of an inquiry stance.
predicting, observing, and	Wonderings, questions, ideas, and theories can be created through inquiry.
communicating)	• The inquiry process helps us to discover new information and to confirm our theories about the world.
	• The inquiry process is organized and systematic but not necessarily linear.
14. demonstrate an awareness of the	People have the capacity to feel a sense of wonder about the world.
natural and built environment through	The natural and built worlds are connected and have an impact on one another.
hands-on investigations, observations,	• There are many types of structures and habitats. They are designed and built for different purposes.
questions, and representations of their	
findings	
15. demonstrate an understanding of	Numbers represent a common organizational structure that we use in our lives and in our world to
numbers, using concrete materials to	communicate/represent value.
explore and investigate counting,	Numbers can be taken apart (decomposed) and put together (recomposed).
quantity, and number relationships	• The ability to decompose and recompose is a useful strategy in all aspects of mathematical thinking.
	We can use objects, pictures, symbols, and/or words to represent number and quantity.
	There are many ways to count. Each way to count has a proper sequence.
	Quantity can be represented in many ways.
	The same quantity can look different (concept of abstraction).
	• We are learning that as we move up or down the counting sequence, the quantity increases or decreases
16	by the number we are counting by (concept of magnitude).
16. measure, using non-standard units of	We are thinking and learning about how measurement helps us to describe, compare, and communicate.
the same size, and compare objects,	Objects and shapes have measurable attributes that can be compared and communicated in different
materials, and spaces in terms of their	Ways.
length, mass, capacity, area, and	We use different tools to measure different things. The attribute we are measuring determines the tool we will use and therefore the unit of measurement.
temperature, and explore ways of	 The attribute we are measuring determines the tool we will use and therefore the unit of measurement. The unit used to measure makes a difference.
measuring the passage of time, through	
inquiry and play-based learning	Any space in between units counts as a measure. We use comparative and descriptive language when communicating about measurement attributes.
	 We use comparative and descriptive language when communicating about measurement attributes. The ability to decompose and recompose is a useful strategy in all aspects of mathematical thinking.
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17 describe cort classify build and	• The strategy of decomposing and recomposing shapes in geometry helps us think about measurement.
17. describe, sort, classify, build, and	Our world is composed of shapes and figures that are put together in particular ways for particular
compare two-dimensional shapes and	purposes.

Overall Expectation	Conceptual Understandings
three-dimensional figures, and describe	Shapes and figures have different properties and attributes.
the location and movement of objects	 We can understand and describe our world by looking at how shapes and figures work together.
through investigation	● When an object changes its position in space, or when we change our perspective on an object, it may
	look different but it is still the same object.
	 ◆ We can use positional language to describe an object's location.
	 Many of the properties in two-dimensional shapes can also be found in three-dimensional figures.
	• The strategy of decomposing and recomposing is useful in all aspects of mathematical thinking.
	● The strategy of decomposing and recomposing shapes in geometry helps us think about measurement.
18. recognize, explore, describe, and	Patterns are predictable.
compare patterns, and extend, translate,	There are specific ways we can describe patterns.
and create them using the core of a	Patterns always have an element of repetition.
pattern and predicting what comes next	• The core of a pattern helps us to think about and name what comes next in the pattern.
	• The ability to recognize and understand patterns is helpful in all aspects of everyday life.
	● I am learning to communicate why something is a pattern and what comes next.
	• If we do something to the front of a pattern, it affects what we do in other parts.
	• Algebra can be used to think about mathematical relationships, to communicate, and to analyse change.
19. collect, organize, display, and	We collect data to learn about and understand the world.
interpret data to solve problems and to	We pose questions to help us collect data.
communicate information, and explore	• We can collect and organize data in different ways for different purposes. We can represent data in
the concept of probability in everyday	different ways (e.g., using graphs, charts, tables, and other tools). The way we represent data (our choice of
contexts	tools) is based on the features of the data we want to share to answer our question(s).
	• Graphs, charts, tables, and other tools help us see the patterns in the data collected.
	• We can make inferences and predictions and draw conclusions based on the patterns we see in the data
	we have collected and graphed.
20. apply the mathematical processes to	We use the mathematical processes embedded in many different contexts to make sense of our
support the development of	experiences and communicate our thinking
mathematical thinking, to demonstrate	• Problem Solving: Problems can be solved collaboratively. There are many ways to solve a problem.
understanding, and to communicate	• Reasoning and Proving: Observing mathematical strategies and describing them in shared conversations
thinking and learning in mathematics,	help make us aware of our mathematical thinking.
while engaged in play-based learning and	• Reflecting: Reflective statements and questions deepen our understanding by helping us think critically
in other contexts	about our answers/solutions.
	• Selecting Tools and Strategies: The processes of thinking about and choosing tools and strategies help us
	to understand ideas and solve problems.
	• Connecting: Connections can be made between the mathematics in play-based learning and questions
	related to our interests and daily activities.
	• Representing: There are many ways to represent our ideas and thinking.
	• Communicating: Mathematical thinking can be communicated in many ways, including oral, visual, and

Overall Expectation	Conceptual Understandings
	concrete means.
21. express their responses to a variety of	The arts are a vehicle for understanding different cultures and expressing our own.
forms of drama, dance, music, and visual	• Through interacting with various works of dance, drama, music, and visual arts, including multimedia art
arts from various cultures	works, we deepen our awareness and appreciation of diverse perspectives.
	• The arts have symbols that are rooted in a particular social, historical, and cultural context and therefore
	may have meanings that are different from what we know from our own culture and time.
	• The arts provide a natural vehicle through which we can explore and express ourselves.
22. communicate their thoughts and	• There are many ways to communicate thinking, theories, ideas, and feelings.
feelings, and their theories and ideas,	 We can discover and interpret the world around us through the arts.
through various art forms	 Through the arts, we can become critically literate and creative citizens of the world.
	• The arts provide a natural vehicle through which we can explore and express ourselves in a variety of
	creative ways.
	 We develop our ability to communicate through our engagement in imaginative and innovative thought
	and action.
23. use problem-solving strategies, on	• Exploration of materials and modes promotes creative expression and thought.
their own and with others, when	• The arts provide ways of perceiving, interpreting, organizing, and questioning various aspects of our world
experimenting with the skills, materials,	through exploration and experimentation.
processes, and techniques used in drama,	 ◆ There are many collaborative ways to solve a problem.
dance, music, and visual arts	• We can explore and create original "artistic texts" in kinesthetic, visual, spatial, aural, and dramatic ways.
24. use technological problem-solving	• Inventions change our relationship with the world.
skills, on their own & with others, in the	 We use technology and design for different purposes.
process of creating & designing (i.e.,	• Function and design are interrelated.
questioning, planning, constructing,	● Safety is an important design consideration.
analysing, redesigning and	
communicating	
25. demonstrate a sense of identity and a	• It is essential for us to honour every person's uniqueness.
positive self-image	 We learn about our strengths and come to understand how we belong and how we can contribute.
	 We can contribute our unique knowledge when we engage with others.
	• We learn adaptive, management, and coping skills, and practise communication and critical thinking skills,
	in order to learn how to build relationships.
	• It is important to pay attention to, and share, various different perspectives.
26. develop an appreciation of the	Everyone needs to have a sense of belonging.
multiple perspectives encountered within	 We all need to be heard/have a voice in the groups to which we belong.
groups, and of ways in which they	• It is important for all of us to listen to and consider the diverse viewpoints expressed in the groups to
themselves can contribute to groups and	which we belong.
to group well-being	 We make different contributions to groups in different contexts.
	• The norms and customs that govern our behaviour may be different in different groups.

Overall Expectation	Conceptual Understandings
27. recognize bias in ideas and develop	Culture and society influence our opinions, biases, and beliefs.
the self-confidence to stand up for	Everyone has the right to feel safe, comfortable, and accepted.
themselves and others against prejudice	• Respect, empathy, and a sense of fairness are essential to ensuring that everyone feels safe, comfortable,
and discrimination	and accepted.
	• Self-confidence develops in many ways. Trusting relationships with others, safe environments, respect,
	and having a healthy lifestyle all contribute to the development of self-confidence.
	It takes courage to stand up for what you believe in.
28. demonstrate an awareness of their	Everything in our daily lives is connected.
surroundings	Communities support people in different ways.
	People contribute to their communities in different ways.
	All aspects of a community are connected and interrelated.
	People have the capacity to feel a sense of wonder about the world.
29. demonstrate an understanding of the	Our actions can make a difference in the world.
natural world and the need to care for	We have a responsibility to understand and care for the natural world.
and respect the environment	People have the capacity to feel a sense of wonder about the world.
	We are learning that our actions and choices can affect nature and the environment.
30. demonstrate an awareness of	• In socio-dramatic play and in dance, we can imagine, represent, retell, and create.
themselves as dramatists, actors,	• I can create and communicate using dance and drama, music, and drawing and painting and sculpting.
dancers, artists, and musicians through	● I can use visual representation to show what I'm thinking in various ways — I can capture a memory,
engagement in various activities in the	describe, imagine, negotiate, and show a procedure.
arts	• Engaging in socio-dramatic play, dance, music, and visual arts fosters children's imagination, helps
	develop empathy, builds self-esteem, and promotes the development of relationships, all while enabling
	children to experience a sense of accomplishment.
31. demonstrate basic knowledge and	• We can convey thoughts, ideas, and feelings or emotions in many different ways – by moving our bodies,
skills gained through exposure to and	role-playing, making music, and making pictures or sculptures or other artworks.
engagement in drama, dance, music, and	• We can create sounds in many ways, then play with different sounds and rhythms to create music.
visual arts	• We can use many different materials to create visual representations, and we can communicate so many
	different ideas and emotions.
	• Role-playing in made-up contexts or scenarios can help us understand particular situations, texts, ideas,
	and stories.
	• Stories, actions, and symbolic representations can be created in a dance, or through movement, or in
	socio-dramatic play.
	Music can make us think and feel in different ways and it helps us develop our thinking and
	communication skills in many ways.