A wide variety of resources are available to support educators with the implementation of the 2015 elementary and secondary Health and Physical Education curriculum. These materials are designed to support the communication and partnership between home and school that is critical to the health, well-being and overall success of students.

Additional material will continue to be developed and released throughout 2015/16.
CURRENTLY AVAILABLE

For Parents

The following materials developed by the ministry can also be accessed via the ministry’s curriculum page (www.edu.gov.on.ca/eng/curriculum/elementary/health.html):

- Grade by Grade Guides to the Curriculum (one guide each for grades 1-8, a guide for grades 9-12)
- A Parent’s Guide to the Revised Health and Physical Education Curriculum, Grades 1-12
- A Parent’s Guide: Human Development and Sexual Health in the Health and Physical Education Curriculum, Grades 1-6
- A Parent’s Guide: Human Development and Sexual Health in the Health and Physical Education Curriculum, Grades 7-12
- Quick Facts for Parents: Learning about Healthy Relationships and Consent
- Quick Facts for Parents: Learning about Online Safety, including Risks of Sexting
- Quick Facts for Parents: Learning about Mental Health
- Quick Facts for Parents: Learning about Concussions
- Quick Facts for Parents: Learning about Staying Safe
- Quick Facts for Parents: Learning about Active Transportation

Materials are also available in multiple languages at the following links:
Arabic • Chinese (Traditional) • Chinese (Simplified) • Farsi • Korean • Polish • Punjabi • Somali • Urdu

Print copies of parent guides are available for order from Service Ontario.

TO ORDER: Log in to the serviceontario.ca/publications website using your EDU username (e.g., EDU1234-1) and password and select Health & Phys. Ed. Parent Materials in ’Browse Catalogues’ section. If you do not know your log-in credentials, school principals or Directors of Education can email webpubont-EDU@ontario.ca for assistance.

Note: The website requires Internet Explorer version IE10 or above, or a current version of another browser (e.g., Chrome, Firefox, Safari).

Information about the curriculum is also available at www.Ontario.ca/HPE.

For Educators and Administrators

Materials used at the Ministry of Education Regional HPE Implementation and Training Sessions are posted on www.eduGAINS.ca. Materials include slide decks and information about key changes that can be used to build understanding about key elements of the curriculum.

Elementary:
www.edugains.ca/newsite/curriculum/elementaryresources/healthphysed.html
Secondary:
www.edugains.ca/newsite/curriculum/secondaryresources/healthphysed2.html
The Catholic Principals’ Council of Ontario (CPCO) and Ontario Principals’ Council (OPC) have jointly produced an HPE Administrator Toolkit to build understanding about the updated curriculum’s key changes and to support dialogue with parents and the community. The Toolkit includes a Questions & Answers document, presentation materials (slides) for staff and for parents and a Toolkit Guide (with tips and strategies). Materials have been tailored to Catholic and public system needs and are available at www.cpco.on.ca/index.php/public/ and www.principals.ca/.

Ophea has produced materials such as posters, online learning clips/videos to support building understanding about key concepts within the curriculum. http://teachingtools.ophea.net/

The Institute for Catholic Education (ICE) is developing a suite of resources including communication materials for parents and administrators (e.g., letters to parents, pamphlets). www.iceont.ca

Supports from local health units. Find local information at www.health.gov.on.ca/en/common/system/services/phu/locations.aspx

ANTICIPATED IN FALL 2015

- Additional resources from Ophea to continue to build understanding of the curriculum including posters and teaching tools, conversation starter video clips, online learning opportunities such as Twitter chats and face-to-face professional learning opportunities at the annual Ophea Conference in Toronto, on October 15 and 16, 2015.
- Further communication materials from the Institute for Catholic Education for educators and administrators and resources for elementary and secondary teachers that show connections between the updated Health and Physical Education curriculum and existing Catholic teaching resources and programming (e.g., Fully Alive, Family Life, Religious Education) will be released to support instruction of expectations through a Catholic lens.
- Webinars for administrators to assist with use of the administrator toolkits and answer questions about the curriculum.

ANTICIPATED IN WINTER 2016

- Materials from the Institute for Catholic Education and Ophea to specifically support planning for instruction of the human development and sexual health component of the curriculum.
- Ongoing professional learning opportunities from partner organizations through webinars, online learning and social media platforms.
ADDITIONAL RESOURCES

The Sex Information and Education Council of Canada (SIECCAN) has updated this resource document which incorporates Ontario-specific data and updated research on sexual health education. www.sieccan.org

Professional learning modules to support safe, inclusive, accepting schools
The Ontario Education Service Corporation’s (OESC) professional learning modules support safe, inclusive and accepting schools across Ontario. Four versions of the modules have been developed for use in Ontario’s four publicly-funded school systems including English Public, French Public, English Catholic and French Catholic. They are designed to provide options for creating professional learning sessions that reflect local school/board contexts. http://acceptingschools.oesc-cseo.org/en-ca/. To access a range of board-developed materials relating to equity and inclusive education, please see the OESC resource inventory. http://equity.oesc-cseo.org/

Building Healthy Relationships
The Council of Directors of Education (CODE) Tool Kit and Guidebook on Building Healthy relationships were distributed to all publicly funded school boards during the fall of 2014. Additional copies are available online. The tips and suggestions throughout this package were developed by parents from across the province, as well as educators, students, and experts in children’s development. www.ontariodirectors.ca/parent_engagement.html

Draw the Line provides resources which challenge common myths about sexual violence and equips bystanders with information about how to intervene safely and effectively. Resources include teacher modules and lesson plans, with links to the curriculum. www.draw-the-line.ca

It Starts with You, It Stays with Him includes online resources and social media messages from the White Ribbon Campaign which promote healthy, equal relationships with a focus on men and boys. Resources include teacher modules and lessons plans, with links to the curriculum. www.itstartswithyou.ca

I am a Kind Man / Kizhaay Anishinaabe Niin
An awareness campaign led by the Ontario Federation of Indigenous Friendship Centres that provides culturally-based resources for Aboriginal men, youth and kids to help end violence against Aboriginal women. www.iamakindman.ca

Egale Canada Human Rights Trust provides resources and school-based training sessions to support safer and more inclusive schools and materials specifically related to lesbian, gay, bisexual, trans, queer and questioning (LGBTQ) equity and inclusive education. The website includes information for students, parents and educators. New e-learning modules, “Trans 101” are anticipated this fall. www.mygsa.ca

Safe@School
COPA (Centre ontarien de prévention des agressions) and the Ontario Teachers’ Federation have worked together to develop a variety of programs and resources for parents and educators related to violence and bullying prevention, and equity and inclusion. www.safeatschool.ca